

Brunswick Gastroenterology Associates, P.A.  
121 Medical Center Drive Suite 3400  
Brunswick ME 04011  
Telephone: 207-725-1355

**IMPORTANT INFORMATION REGARDING YOUR HEALTH INSURANCE**

You have been scheduled for a Capsule Endoscopy. Not all insurance policies will cover this procedure. Unless you are absolutely certain that your policy will provide coverage, we ask that you contact your insurance company to verify that the procedure will be paid.

It has been our experience that coverage can vary greatly within the same insurance company. Coverage depends on how your particular policy is written. For example, this may include the reason for the procedure and/or prior authorization from your insurance company and/or the amount of any deductible.

We cannot stress enough the importance of assuring that the cost of the capsule endoscopy will be paid by your insurance company prior to having the procedure done. In the event that this is not a covered service, you will be responsible for payment.

Brunswick Gastroenterology Associates

**Brunswick Gastroenterology Associates**  
207-725-1355  
**Capsule Endoscopy Instructions**

Arrival Time/ Date: \_\_\_\_\_

Physician: \_\_\_\_\_

**You should check with your insurance company to assure that the procedure is covered for the reason that you are having it done. You may be asked for the procedure code. It is 91110.**

You **may call** to pre-register up to 1 week prior to your test at 373-6192 from 8am -7pm Mon.-Fri. This is only meant to save you from waiting the morning of your procedure. **If you have pre-registered, report to the Mid Coast Digestive Health Center.** This is located on the **3<sup>rd</sup> floor of the Medical Office Building, Suite 3600** which is attached to Mid Coast Hospital. Park in the first parking lot on your left as you approach the facility. **If you have NOT pre-registered,** you must first report to Central Registration in the Main Entrance of Mid Coast Hospital to register and then proceed to the Mid Coast Digestive Health Center.

**About the Procedure:** Capsule Endoscopy enables your doctor to examine the three portions (duodenum, jejunum, ileum) of your small intestine. You will swallow a capsule about the size of a large vitamin pill. The capsule has its own camera and light. While the capsule travels through your intestine, sensors that are placed on your abdomen will capture the images and then be saved in a walkman-like recorder that you will wear on a waist belt. After 8 hours the sensors and recorder will be removed. The capsule is excreted naturally.

**Two Days Before Your Test**

1. **DO NOT** take iron or iron products or Pepto-Bismol. Fill your prescription for Halflytely
2. Call Brunswick Gastroenterology (725-1355) if you have a pacemaker or other electromedical device, a swallowing disorder, have had abdominal surgery, are taking aspirin or other anti-inflammatory medications or have taken them in the recent past.

**The Day Before Capsule Endoscopy**

1. Mix Halflytely with water and place in refrigerator
2. After lunch, on the day before your test, drink only clear liquids.
3. After lunch, take Bisacodyl tablets with water.
4. In the late afternoon drink the Halflytely Solution (an 8oz glass every 10-15 minutes **until bottle is empty**).
5. From 10 pm the evening before you must only have sips of water with any medications.
6. Male patients should shave their abdomen 6 inches above and 6 inches below the navel.

**Day of Your Test**

1. Wear loose fitting, two-piece clothing.
2. Sensors will be applied to your abdomen and a walk-man like recorder will be placed in a belt around your waist.
3. You will then be asked to swallow a capsule.
4. You will be instructed on when to return to have the equipment removed.

**After Swallowing the Capsule**

1. After 2 hours of swallowing the capsule, you may have water and take necessary medications.
2. After 4 hours you may have a light snack.
3. After ingestion and until the capsule is excreted, you should not be near any powerful electromagnetic field such as MRI device or amateur ham radio.
4. You will wear the devices for 8 hours. Do not disconnect the equipment. The recorder is a small computer, treat it with care and protection. Avoid sudden movement and banging of the recorder.
5. Avoid strenuous activity. Avoid activity that may cause sweating. Avoid bending and stooping.

**After Completing Capsule Endoscopy**

1. Undergoing an MRI while the capsule is inside your body may result in serious damage to your intestinal tract or abdominal cavity. If you **DO NOT** positively verify excretion of the capsule, you should contact your physician before undergoing an MRI.
2. The capsule is disposable and passes naturally with your bowel movement. You should not feel any pain or discomfort during capsule excretion. Complications are rare. A potential risk could be retention of the capsule. Call the Brunswick Gastroenterology at 725-1355 if you have fever, trouble swallowing, and chest or abdominal pain, nausea, or vomiting, either during or after the test.

Patient's Signature \_\_\_\_\_ Date \_\_\_\_\_

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